

Prayers of the Faithful for Grandparents Day During NFP Week

Use the petitions below to include in liturgical celebrations during NFP Week.

- ❖ That married couples will be open to God's gift of life to build up their family and bless (or acknowledge) their parents with the noble title of "grandparent," we pray to the Lord,
- ❖ That the Holy Spirit may give His peace to grandparents who are apart from their grandchildren, we pray to the Lord,
- ❖ That grandparents may be strengthened by God through sacred scripture and the sacraments, we pray to the Lord,
- ❖ That the Lord Jesus will sustain grandparents who are living with pain or distress, either physically or emotionally, we pray to the Lord,
- ❖ That the Holy Spirit will assist grandparents in passing on the faith to their grandchildren as they uphold their families, we pray to the Lord,
- ❖ That grandchildren will not forget their grandparents and give them the precious gifts of their time and love, we pray to the Lord,
- ❖ For our deceased grandparents who have given us and our families life and faith , we pray to the Lord,



Program Suggestions

In your planning for National NFP Awareness Week, consider how you can raise up the noble role of grandparents in your activities that promote Church teaching on marriage, conjugal love and responsible parenthood, family, and the method of Natural Family Planning. Below are some ideas to inspire you.

- Organize a weekday afternoon lunch program for grandparents where you can give them the tools they need to speak with their grandchildren about the virtue of chastity, the vocation of marriage, and the morality of NFP methods.
- Partner with the diocesan or parish youth director to explore how you can create an inter-generational event where grandparents can share their wisdom about courting, marriage, and family with youth. Be sure to include a means for youth to speak about their hopes for their future and what challenges face them as they date and wonder about the possibility of marriage for themselves.
- Offer prayer events and special Masses where grandparents can come together to pray for their families, and especially for their adult children who are struggling with infertility.
NB: On this note, consider hosting a speaker who can provide current information about adoption and foster care.
- Plan a “gratitude” celebration for married couples, their children, and their parents to praise the Lord God for the blessings of family.